



Silver City Blues

Masters Annual SC

Swim Meet 2023

Aberdeen Aquatic Centre, Aberdeen
28th January 2023

Meet Licence: L2/144/ND/JAN23





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INTRODUCTION

The Silver City Blues Masters Short Course Meet will take place at Aberdeen's prestigious Aberdeen Sports Village Aquatics Centre on the 28th January 2023.

All entries must be completed online, including payment. Details of how to enter online are included in this entry pack, however if you experience any problems, please contact scbmeet@outlook.com.

LOCATION AND TIME

Location

Aberdeen Sports Village Aquatics Centre, Regent Walk, Aberdeen, AB24 1SX

Session Times

Session One Warm Up 13:30 Start 14:30 End 16:30 (approx.)

Session Two Warm Up 17:00 Start 17:30 End 19:30 (approx.)

ENTRY INFORMATION

Closing Date

Individual entries close **23:59, Wednesday 18th January 2023**

Entry Fees

Individual Entry	£5.50
Temporary Competition Member	£10.00

GUIDE TO ENTERING ONLINE

All entries must be completed online and payment must be made online to complete the entry process. Competitors must either be a registered member of a swimming club affiliated to SASA or another FINA affiliated national association or enter as a temporary competition member of Scottish Swimming. Those wishing to apply for temporary membership should contact the meet convener at scbmeet@outlook.com.

Please see instructions below on how to complete your entry

Entering Individual Events

1. Online entries will open on Wednesday 9th November 2022 at the following link <https://www.swimmingresults.org/events/silvercitymasters23/>



2. On the individual entry page enter your British Swimming registration number or family name, click 'fetch data' and follow the given instructions. You need to complete this by 23:59 on Wednesday 18th January 2023.
3. If you are a member of more than one club, you will be asked to select the club you wish to represent for this entry. **Be sure to select the correct club on entry.**

Please note your entry is not complete until you receive a receipt from PayPal.

Confirmation of Entry

Please note paper confirmation of entry will not be sent out. All entrants will receive two emails at the time of payment. One from PayPal confirming receipt of payment and one from the entry system confirming your entry information. You can also view entries via the online entry page. You may make additional entries.

HEALTH AND SAFETY

Submission of an entry will confirm that you have read and understood the below provisions and agree to abide by them.

- I am aware of the need to seek proper medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events or any other associated activities. Accordingly, I hereby certify that I am physically fit and well to participate in any such training and events.
- I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
- I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
- I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
- I acknowledge that during Masters Swimming events Silver City Blues cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
- I hereby agree to abide by and be governed by the rules of Scottish Swimming and all other laws and regulations applicable including the SASA Safety Laws.
- I am aware that it is prohibited to use mobile phones or camera devices in the showers, changing area or toilets at Aberdeen Sports Village –Aquatics Centre.

More information and advice on Health and Safety for Masters Swimmers can be found on British Swimming's website <http://www.swimming.org/asa/>.

COMPETITION INFORMATION

Warm Up and Swim Down

Warm up will take place in the competition pool prior to each session. Further information will be included in the Competitor Information Pack.

Officials – Help Needed

In order to ensure the smooth running of the competition and conform to the requirements of the licence, we require volunteers to support the meet. If you know of anyone who would be interested supporting the event in the form of a Judge or Timekeeper, please ask them to get in touch at scbmeet@outlook.com.

Withdrawals

The withdrawal process relies upon swimmers' co-operation and courtesy to fellow competitors. Swimmers who fail to arrive for their heat create empty lanes which, if they had been used by others, could reduce the length of the sessions. Withdrawals should be sent by email to scbmeet@outlook.com, up to 10am on Saturday, 28th of January.

Program of Events

Session 1 warm up: 1330 Session 1 start: 1430		Session 2 warm up: 1700* Session 2 start: 1730	
101	400m Freestyle	201	200m Freestyle
102a	Women's 25m Freestyle – Heats	202	100m Butterfly
103a	Men's 25m Freestyle – Heats	203	50m Breaststroke
104	100m Breaststroke	204	100m Individual Medley
105	50m Backstroke	205	50m Freestyle
106	100m Freestyle	206	100m Backstroke
107	50m Butterfly	102c	Women's 25m Freestyle – Final
102b	Women's 25m Freestyle – Semi-final	103c	Men's 25m Freestyle – Final
103b	Men's 25m Freestyle – Semi-final		

*Open cooldown / warmup during the break

Program of Events subject to change depending on final entry quantity

Age Categories (Age on 31/12/2023 [minimum age on day, 16 years])

(Y) 16-17 years; (X) 18-24 years; (A) 25-29 years; (B) 30-34 years; (C) 35-39 years; (D) 40-44 years; (E) 45-49 years; (F) 50-54 years; (G) 55-59 years; (H) 60-64 years; (J) 65-69 years; (K) 70-74 years; (L) 75-79 years; (M) 80-84 years (N) 85-89 years etc.,

Formation of Heats

25m Events

Heats will be randomly seeded. Top placed swimmers in each heat (and next fastest swimmers depending on entry quantity) will progress to make up 20 swimmers in the semi-finals. The 5 top placed swimmers from each of the two semi-finals will then make up the final.

50m, 100m, 200m & 400m Events

Swimmers will be seeded from slowest to fastest by entry time across the pool, with all age groups, men and women, swimming together. The final heat which will be spearheaded.

Information and Resolutions

Records should be addressed to the support team, at the information table, found next to the timing suite. All record application sheets should be populated by the applicant or team coach prior to submission and should be made at earliest convenience, sheets will be available at the desk.

Medals

Medals are awarded for 1st, 2nd and 3rd placing in all events except the 25m event, for all age groups. Medals are awarded for 1st, 2nd and 3rd final placing in the 25m event. All medals can be collected from the information table. As with previous years, competitors have the option to return medals which will be turned into a £1 donation to a charity selected by the SCB committee.

Trophies

Age Group Prizes will be awarded to the highest scoring competitor in each age group. A trophy for top visiting club is also awarded to the highest scoring club. Points awarded; 1st=10, 2nd=8, 3rd=6, 4th=4, 5th=2, 6th=1. In the event of a dead-heat for any position, the respective points will be averaged (eg dead heat for 1st place, each competitor will score 9 points). Points are to be awarded for all events except the 25m event. Men's and Women's trophies will be awarded for top placed Masters swimmer (Cat A and above) in the 25m Event.

Spectators

ASV has a sizable spectators balcony located above the poolside for family and friends to come along and support their teams. This will be a shared space with competitors too.

SOCIAL EVENT

Upon conclusion of the event competitors are invited to join us at the [Bobbin](#), adjacent to the Aquatics Centre for food. No formal food order will be placed, and individuals shall order upon arrival. We will also use this opportunity to present the Age Group Prizes and Trophies. If you would like to join us, please indicate when submitting your entry on the electronic system. NOTE:

Unfortunately, as a licensed premises, under 18's will be unable to attend.